

## Rothwell Care Management can help you with:

SERVICES



### Arranging and supervising care in your home.

- Assess fall risk and provide safety solutions
- Evaluate home safety and make recommendations
- Coordinate with specialized contractors for home modifications
- Refer to reputable nursing agencies for home care
- Interview and screen nursing aides and nurses
- Supervise home care aides and nurses
- Manage in-home health visits by doctors, physical therapists, nutritionists, personal assistants, etc.



### Organizing and managing your medication.

- Review medications including doses and refills
- Create a medication schedule and reminders for doses and refills
- Manage pill boxes and dose packs with health professionals
- Check medication cabinet for outdated and unused medications and dispose of them properly
- Review and manage new prescriptions
- Provide education about new and existing medications including purpose, side-effects, and dosage



### Coordinating your healthcare and advocating for you, including palliative and hospice care.

- Accompany you to doctor visits and provide preparation and support
- Provide written report of doctor visits with clarification of the visit and medical recommendations
- Identify and recommend medical specialty services such as home-call physician practices, community resources, financial management, meal services, and move managers
- Coordinate care conferences including video conferences with doctors, hospital and rehabilitation staff, and out of town family members
- Discuss your wishes for health care including end-of-life care
- Support health care decision-making choices, including advanced directives and medical orders for life-sustaining treatment
- Facilitate admission to home hospice care
- Assess client and family needs for home care nursing assistance or licensed nurses
- Coordinate private duty care with quality nursing agencies
- Connect with community resources for palliative care
- Facilitate communication between doctors, long distance family members, and power of attorneys



### Identifying quality residential options.

- Assess your current living situation and care needs
- Recommend residential options, such as assisted living, that match your personality, lifestyle, budget, and care needs
- Schedule and accompany you on tours of various residential options
- Recommend and coordinate with experienced move managers



### Planning for your long-term care.

- Assess your potential long-term care needs, such as advanced directives, selecting a health care agent, financial planning
- Facilitate referrals to elder care attorneys who specialize in financial planning for seniors
- Support health care decision-making choices, including advanced directives and medical orders for life-sustaining treatment



### Crisis Management

- Provide in-hospital assessment to determine your goals for recovery and care
- Coordinate and facilitate communication with doctors, health care professionals, and out of town family
- Quickly identify the best facility to help in your recovery and facilitate your transfer
- Coordinate your transition to the next level of care